

BREAKFAST PACKAGES



SPRIG BREAKFAST

Assortment of six bagels, Greek yogurt & fruit salad

(SERVES 6)

ROOT BREAKFAST

toast box, fruit salad or Greek yogurt, coffee or hot tea

(SERVES 12)

HUNGRY ROOT BREAKFAST

Assortment of twelve breakfast sandwiches, fruit salad, Greek yogurt, coffee or hot tea

(SERVES 12)

BREAKFAST SANDWICHES

(MINIMUM 6)

EGG'WICH

Cage-free egg over easy, Cabot white cheddar cheese on toasted English muffin
+Add bacon + Add smashed avocado

SPICY PEPPER EGG'WICH

Cage-free egg over easy, roasted red peppers, Cabot white cheddar cheese, arugula, spicy aioli, green goodness dressing, lemon vinaigrette on toasted English muffin
+Add bacon + Add smashed avocado

TO SHARE

(SERVES 6)



AVOCADO TOAST BOX

Smashed avocado, lemon vinaigrette, on wheat toast

BAGEL BOX

Assortment of six bagels with butter & cream cheese
+Add Blueberry cream cheese

SANDWICH PLATTERS

(SERVES 6)

Also available in **WRAPS!**

CHOPPED CHICKPEA

Marinated chopped chickpeas, kalamata olives, cucumbers, roasted red peppers, arugula, lemon vinaigrette on toasted ciabatta

TUNA & FENNEL

Marinated tuna, fennel, kalamata olives, mayonnaise, arugula, lemon vinaigrette on toasted ciabatta

TURKEY & APPLE

Roasted turkey, bacon, apples, spinach, Cabot white cheddar cheese, green goodness aioli on toasted wheat

TURKEY & AVOCADO

Roasted turkey, bacon, balsamic onion relish, smashed avocado, caramelized onion aioli on toasted ciabatta

SPICY CHICKEN SALAD

Chicken, celery, red onion, mayonnaise, arugula, tomatoes, spicy aioli on wheat toast

SALAD PLATTERS

(SERVES 6)

FALAFEL & CUCUMBER

Falafel, tomatoes, roasted red peppers, cucumbers, pickled red onions, mixed greens, tahini dressing

STRAWBERRY & GOAT CHEESE

Strawberry slices, cucumbers, goat cheese, candied walnuts, spinach, balsamic vinaigrette

TUNA & AVOCADO

Marinated tuna, fennel, smashed avocado, quinoa, arugula, lemon vinaigrette

CHICKEN & APPLE

Chicken, apples, goat cheese, candied walnuts, spinach, balsamic vinaigrette

CHICKEN & AVOCADO

Chicken, smashed avocado, pickled red onions, tortilla crisps, mixed greens, green goodness dressing

SIDES & SNACKS



(SERVES 6)

MARINATED CHICKPEAS

Marinated chopped chickpeas, roasted red peppers, arugula

MARINATED TUNA

Marinated tuna, arugula

FRUIT SALAD

Assorted seasonal fruit

BERRY YOGURT

Greek yogurt, blueberry compote, granola

CHOCOLATE CHIP COOKIES

MISS VICKIE'S CHIPS

Make it a
BOXED LUNCH

Choice of sandwich, wrap, or salad with chips and a cookie

EMAIL US AT
CATERING@ROOTANDSPRIG.COM

Root & Sprig

by Tom Colicchio



VEGAN



CONTAINS NUTS



VEGETARIAN



GLUTEN-FREE

***Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Add a
BEVERAGE

Choice of Coffee, Tea, Sodas or Bottled Water

