

BREAKFAST PACKAGES



- SPRIG BREAKFAST** **\$90.00**
Assortment of six bagels, Greek yogurt & fruit salad
(SERVES 6)
- ROOT BREAKFAST** **\$160.00**
Choice of toast box, fruit salad or Greek yogurt, coffee or hot tea
(SERVES 12)
- HUNGRY ROOT BREAKFAST** **\$225.00**
Assortment of twelve breakfast sandwiches, fruit salad, Greek yogurt, coffee or hot tea
(SERVES 12)

BREAKFAST SANDWICHES

- SUNRISE** **\$7.50**
Cage-free egg over easy, Cabot white cheddar cheese on toasted English muffin
+Add bacon + Add smashed avocado
- MORNING GLORY** **\$8.00**
Cage-free egg over easy, roasted red peppers, pickled jalapeños, green goodness aioli, Cabot white cheddar cheese, arugula, lemon vinaigrette on toasted English muffin

TO SHARE



- AVOCADO TOAST BOX** **\$45.00**
Smashed avocado, lemon vinaigrette, wheat toast
- VEGGIE TOAST BOX** **\$45.00**
Veggie cream cheese, pimento tapenade, wheat toast
- BAGEL BOX** **\$29.00**
Assortment of six bagels with butter & cream cheese
+Add Blueberry, French Onion or Veggie for \$7.00

SANDWICH PLATTERS

\$72.00

- (SERVES 6)
- Also available in **WRAPS!**
- THE MEDITERRANEAN** **V**
Marinated chopped chickpeas, kalamata olives, cucumbers, roasted red peppers, arugula, lemon vinaigrette on toasted ciabatta
- PACIFIC GARDEN**
Marinated tuna, fennel, kalamata olive aioli, arugula, lemon vinaigrette on toasted ciabatta

- VERMONT**
Roasted turkey, bacon, apples, spinach, Cabot white cheddar cheese, green goodness aioli on wheat toast
- TC CLUB**
Roasted turkey, bacon, balsamic onion relish, smashed avocado, caramelized onion aioli on toasted ciabatta
- CHICKEN GOODNESS**
Green goodness chicken salad, bacon, roasted red peppers, mixed greens, roasted tomatoes on wheat toast

SALAD PLATTERS

\$72.00

- (SERVES 6)
- MEDI BOWL** **V** **GF**
Marinated chopped chickpeas, cucumbers, pickled red onions, roasted red peppers, arugula, lemon vinaigrette
- STRAWBERRY FIELDS** **V** **N** **GF**
Spinach, cucumbers, goat cheese, walnuts, strawberry slices, balsamic reduction, balsamic vinaigrette
- TUNA NICOISE** **GF**
Marinated tuna, arugula, quinoa, fennel, smashed avocado, lemon vinaigrette
- CITRUS KICK** **N**
Teriyaki glazed chicken and pineapples, mixed greens, mandarin oranges, spicy slaw, almonds, black sesame seeds, sesame dressing
- SOUTHERN BORDER** **GF**
Chicken, mixed greens, smashed avocado, pickled red onions, tortilla crisps, green goodness dressing
- P.A.L.** **GF**
Pork pastor, pickled jalapeños, feta cheese, pickled red onions, tortilla crisps, ancho lime vinaigrette

SIDES & SNACKS



- (SERVES 6)
- MARINATED CHICKPEAS** **V** **GF** **\$30.00**
Marinated chopped chickpeas, roasted red peppers, arugula
- QUINOA SALAD** **V** **GF** **\$30.00**
Green goodness dressing, quinoa, roasted red peppers, arugula
- SPICY SLAW** **V** **GF** **\$30.00**
Green cabbage and shredded carrots, sriracha, lemon vinaigrette, arugula
- MARINATED TUNA** **GF** **\$30.00**
Marinated tuna, arugula
- GREEN GOODNESS CHICKEN SALAD** **GF** **\$30.00**
Chicken, green goodness aioli, red onions, celery, arugula
- FRUIT SALAD** **V** **GF** **\$39.00**
Assorted seasonal fruit
- BERRY YOGURT** **V** **\$43.00**
Greek yogurt, blueberry compote, granola
- CHOCOLATE CHIP COOKIES** **\$10.00**
- MISS VICKIE'S CHIPS** **\$10.00**

Make it a **BOXED LUNCH**

Choice of sandwich, wrap, or salad with chips and a cookie

\$15.50

EMAIL US AT **CATERING@ROOTANDSPRIG.COM**

Root & Sprig

by Tom Colicchio



***Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Add a **BEVERAGE**

Choice of Coffee, Tea, Sodas or Bottled Water