

BREAKFAST PACKAGES

SPRIG BREAKFAST (SERVES 6)

Assortment of six bagels, Greek yogurt & fruit salad

ROOT BREAKFAST (SERVES 12)

Toast box, fruit salad or Greek yogurt, and coffee or hot tea

HUNGRY ROOT BREAKFAST (SERVES 12)

Assortment of twelve breakfast sandwiches, fruit salad or Greek yogurt, and coffee or hot tea

BREAKFAST SANDWICHES

(MINIMUM 6)

+bacon, ham or turkey sausage (+\$2.00)
+ smashed avocado (\$1.50)

EGG'WICH

Cage-free egg over easy, sharp white cheddar cheese on toasted English muffin

SPICY PEPPER EGG'WICH

Cage-free egg over easy, roasted red peppers, sharp white cheddar cheese, arugula, sriracha, red pepper aioli, lemon vinaigrette on toasted English muffin

TO SHARE

(SERVES 6)

AVOCADO TOAST BOX

Smashed avocado, lemon vinaigrette, toasted honey wheat

BAGEL BOX

Assortment of six bagels with butter & cream cheese

SANDWICH PLATTERS

(SERVES 6)

WRAPS available!
*Must be in quantities of 6.

HUMMUS & ROASTED RED PEPPER

Hummus, kalamata olives, cucumbers, roasted red peppers, power slaw, arugula, lemon vinaigrette on toasted ciabatta

EGG SALAD

Hard-boiled egg, mayonnaise, cucumbers on toasted honey wheat

TUNA & FENNEL

Marinated tuna, fennel, kalamata olives, mayonnaise, arugula, lemon vinaigrette on toasted ciabatta

TURKEY & AVOCADO

Roasted turkey, bacon, balsamic onion relish, smashed avocado, mayonnaise on toasted ciabatta

CRANBERRY CHICKEN SALAD

Chicken, cranberries, celery, red onions, mayonnaise, whole cranberry sauce, arugula on toasted honey wheat

CHICKEN & SPICY SLAW

Chicken, sriracha, spicy power slaw, smashed avocado, crema on toasted ciabatta

CHICKEN BACON RANCH

Chicken, bacon, tomatoes, spinach, buttermilk ranch on toasted ciabatta

MEDITERRANEAN

Chicken, feta cheese, kalamata olives, red onions, cucumbers, arugula, toum sauce on toasted honey wheat

THAI CHICKEN WRAP*

Soy peanut marinated chicken, spicy power slaw, roasted red peppers, honey almond clusters in a flour tortilla

VEGAN CONTAINS NUTS VEGETARIAN GLUTEN-FREE

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SALAD PLATTERS

(SERVES 6)

FALAFEL & CUCUMBER

Falafel, tomatoes, roasted red peppers, cucumbers, red onions, mixed greens, tahini dressing

TUNA & AVOCADO

Marinated tuna, fennel, smashed avocado, quinoa, arugula, lemon vinaigrette

SOUTHWEST CHICKEN

Chicken, smashed avocado, corn, roasted red peppers, red onions, tortilla crisps, mixed greens, avocado vinaigrette

THAI CHICKEN

Soy peanut marinated chicken, spicy power slaw, roasted red peppers, honey almond clusters, red onions, mixed greens, spicy peanut dressing

SNACKS

(SERVES 6)

CINNAMON ROLLS

Cinnamon rolls, cream cheese glaze

CHOCOLATE CHIP COOKIES

MISS VICKIE'S CHIPS

Make it a
BOXED LUNCH
Choice of sandwich, wrap, or salad with chips and a cookie

Add a
BEVERAGE
Choice of Coffee, Tea, Sodas or Bottled Water

SIDES

(SERVES 6)

SIDE SALAD

Spinach, feta cheese, roasted red peppers, cucumbers, red onions, lemon vinaigrette

HUMMUS & VEGGIES

Hummus, carrots, celery

MARINATED TUNA

Marinated tuna, arugula

EGG SALAD & ROASTED RED PEPPER

Hard-boiled egg, mayonnaise, roasted red peppers, arugula

FRUIT SALAD

Assorted seasonal fruit

BLUEBERRY YOGURT

Greek yogurt, blueberry compote, granola

STRAWBERRY YOGURT

Greek yogurt, strawberry compote, granola

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