

BREAKFAST PACKAGES

SPRIG BREAKFAST (SERVES 6) **\$90.00**

Assortment of six bagels, Greek yogurt & fruit salad

ROOT BREAKFAST (SERVES 12) **\$160.00**

Toast box, fruit salad or Greek yogurt, and coffee or hot tea

HUNGRY ROOT BREAKFAST (SERVES 12) **\$225.00**

Assortment of twelve breakfast sandwiches, fruit salad or Greek yogurt, and coffee or hot tea

BREAKFAST SANDWICHES

(MINIMUM 6)

+bacon or ham (+\$2.00) + smashed avocado (\$1.50)

EGG'WICH** **Vg** **\$8.00**

Cage-free egg over easy, Cabot white cheddar cheese on toasted English muffin

SPICY PEPPER EGG'WICH** **Vg N** **\$8.50**

Cage-free egg over easy, roasted red peppers, Cabot white cheddar cheese, arugula, sriracha, pesto aioli, lemon vinaigrette on toasted English muffin

TO SHARE

(SERVES 6)

AVOCADO TOAST BOX **Vg** **\$45.00**

Smashed avocado, lemon vinaigrette, toasted honey wheat

BRUSCHETTA TOAST BOX **Vg** **\$45.00**

Smashed avocado, house made bruschetta on toasted honey wheat

BAGEL BOX **Vg** **\$29.00**

Assortment of six bagels with butter & cream cheese

SANDWICH PLATTERS

\$72.00

(SERVES 6)

Also available in **WRAPS** !

HUMMUS & ROASTED RED PEPPER **Vg**

Hummus, shredded slaw, kalamata olives, roasted red peppers, cucumbers, arugula, lemon vinaigrette, on toasted ciabatta

ROASTED VEGETABLES **Vg**

Green beans, carrots, cauliflower, onion, red peppers, yellow peppers, herb tomato spread, arugula, balsamic vinaigrette on toasted ciabatta

EGG SALAD **Vg**

Hard-boiled egg, mayonnaise, cucumbers on toasted honey wheat

TUNA & FENNEL

Marinated tuna, fennel, kalamata olives, mayonnaise, arugula, lemon vinaigrette on toasted ciabatta

TURKEY & AVOCADO

Roasted turkey, bacon, balsamic onion relish, smashed avocado, mayonnaise on toasted ciabatta

CHICKEN BRUSCHETTA

Chicken, house made bruschetta, garlic aioli, mozzarella cheese, arugula, balsamic vinaigrette on toasted ciabatta

CHICKEN BASIL PESTO **N**

Breaded chicken cutlet, basil pesto, tomatoes, spinach, balsamic vinaigrette on toasted honey wheat

CRANBERRY CHICKEN SALAD

Chicken, cranberries, celery, red onion, mayonnaise, whole cranberry sauce, arugula on toasted honey wheat



VEGAN



CONTAINS NUTS



VEGETARIAN



GLUTEN-FREE

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SALAD PLATTERS

\$72.00

(SERVES 6)

FALAFEL & CUCUMBER **V**

Falafel, tomatoes, roasted red peppers, cucumbers, pickled red onions, mixed greens, tahini dressing

TUNA & AVOCADO **GF**

Marinated tuna, fennel, smashed avocado, quinoa, arugula, lemon vinaigrette

COBB **GF**

Chicken, house made bruschetta, hard-boiled egg, bacon, blue cheese crumbles, mixed greens, lemon vinaigrette

SOUTHWEST CHICKEN **N GF**

Chicken, smashed avocado, corn, roasted red peppers, pickled red onions, tortilla crisps, mixed greens, house made LBV



SIDES & SNACKS

(SERVES 6)

HUMMUS & VEGGIES **Vg GF** **\$35.00**

Hummus, carrots, celery

MARINATED TUNA **GF** **\$30.00**

Marinated tuna, arugula

FRUIT SALAD **Vg GF** **\$30.00**

Assorted seasonal fruit

BERRY YOGURT **Vg** **\$30.00**

Greek yogurt, blueberry compote, granola

CINNAMON ROLLS **Vg** **\$20.00**

Cinnamon rolls, cream cheese glaze

CHOCOLATE CHIP COOKIES **\$10.00**

MISS VICKIE'S CHIPS **\$10.00**

Make it a
BOXED LUNCH

Choice of sandwich, wrap, or salad with chips and a cookie

\$15.50

Add a
BEVERAGE

Choice of Coffee, Tea, Sodas or Bottled Water

EMAIL US:
CATERING@ROOTANDSPRIG.COM

CALL:
646.863.8590